

Allergy & ENT ASSOCIATES

MEDICATIONS THAT MAY INTERFERE WITH SKIN TESTING

- Due to continued advances, not all medications may be listed at time of printing.
- For your safety and accurate results, at each visit, please list all your current medications (**including non-prescription and those prescribed elsewhere**).
- It is important to let us know if you are pregnant or could be pregnant.

STOP THESE MEDICATIONS FIVE DAYS BEFORE SKIN TESTING:

ORAL ANTIHISTAMINES:

- Allegra (Fexofenadine)
- Benadryl (Diphenhydramine)
- Claritin, Alavert (Loratadine)
- Clarinex (Desloratadine)
- Xyzal (Levocetirizine)
- Zyrtec (Cetirizine)
- Cyproheptadine
 - All over-the-counter medications for allergy, cough, cold, sleep, or nausea that include:
 - Acrivastine (ex. Semprex)
 - Azatadine (ex. Optimine, Trinalin)
 - Brompheniramine (ex. Dimetapp)
 - Carbinoxamine (ex. Palgic, Arbinoxa)
 - Chlorpheniramine (ex. Actifed, Aller-chlor, Chlor-Trimeton, Tylenol Allergy)
 - Dimenhydrinate (ex. Dramamine)
 - Diphenhydramine (ex. Unisom, Sominex, Triaminic, many with “PM” in the title)
 - Doxylamine (ex. Nyquil, Unisom)
 - Hydroxyzine (ex. Atarax, Vistaril)
 - Meclizine (ex. Antivert)
 - Pheniramine
 - Promethazine (ex. Phenergan)
 - Tripolidine (ex. Actifed)

ANTI-HISTAMINE NOSE SPRAYS:

- Astelin, Astepro, Dymista (Azelastine)
- Patanase (Olopatadine)

ANTI-HISTAMINE EYE DROPS:

- Alaway, Claritin, Zaditor, Zyrtec (Ketotifen)
- Bepreve (Bepotastine)
- Elestat (Epinastine)
- Emadine (Emedastine)
- Lastacaft (Alcaftadine)
- Livostin (Levocabastine)
- Naphcon-A, Opcon-A, Visine-A (Pheniramine)
- Optivar (Azelastine)
- Pataday, Patanol (Olopatadine)

HEARTBURN MEDICATIONS (H2 BLOCKERS):

- Axid (Nizatidine)
- Pepcid, Tums Dual Action (Famotidine)
- Tagament (Cimetidine)
- Zantac (Ranitidine)

ALL HERBAL SUPPLEMENTS: (including

Astragalus, Feverfew, Green Tea, Licorice, Milk Thistle, Saw Palmetto, St. John’s Wort)

- Discuss alternative management for your symptoms with your Allergist.
- Do **NOT** stop the following: **asthma medications** (including inhaled corticosteroids, short or long-acting beta agonists, and Singulair), **antibiotics**, **oral steroids** (including prednisone), **certain heartburn medications** (Prilosec, Nexium, Prevacid, Zegerid, Aciphex, Dexilant, and Protonix), and **certain nasal sprays** (Atrovent, Flonase, Nasacort, NasalCrom, Nasonex, Rhinocort, Omnaris, Qnasl, Veramyst, and Zetonna).

Some antidepressants/sedatives MAY interfere with skin testing and should be brought to the attention of your Allergist.

NOTE: Do NOT stop these medications prior to discussion with your Allergist AND the Prescribing Physician.

Tricyclic Antidepressants (TCAs): Elavil, Limbitrol (Amitriptyline), Doxepin, Tofranil (Imipramine), Vivactil (Protriptyline), Surmontil (Trimipramine), Norpramin (Desipramine), Aventyl, Pamelor (Nortriptyline).

Benzodiazepines: Klonopin (Clonazepam), Valium (Diazepam), Ativan (Lorazepam), Versed (Midazolam), Restoril (Temazepam), Estazolam, Xanax (Alprazolam), Ativan (Lorazepam).

Atypical antidepressants/Sedatives: Remeron (Mirtazapine), Quetiapine, Wellbutrin (Bupropion), Eszopiclone, Oleptro (Trazodone), Ambien (Zolpidem).

- **Certain antidepressant medications** do **NOT** interfere with allergy testing: **SSRIs** (Celexa (Citalopram), Lexapro (Escitalopram), Prozac, Sarafem (Fluoxetine), Paxil, Pexeva (Paroxetine), Zoloft (Sertaline)) and **SNRIs** (Effexor (Venlafaxine), Pristiq (Desvenlafaxine), Cymbalta (Duloxetine)).

IF YOU ARE NOT SURE ABOUT A MEDICATION, PLEASE CALL BEFORE YOU TAKE IT.