

## MEDICATIONS THAT MAY INTERFERE WITH SKIN TESTING

*Due to continued advances, not all medications may be listed at the time of printing.*

For your safety and accurate results, please list all current medications at each visit (including non-prescription and those prescribed elsewhere).

It is important to let us know if you are pregnant or could be pregnant.

STOP TAKING THESE MEDICATIONS FIVE (5) DAYS BEFORE SKIN TESTING:	
<b>ORAL ANTIHISTAMINES:</b>	<b>ALL OVER-THE-COUNTER MEDICATIONS FOR ALLERGY, COUGH, COLD, SLEEP, OR NAUSEA THAT INCLUDE:</b>
<ul style="list-style-type: none"> <li>Allegra (Fexofenadine)</li> <li>Benadryl (diphenhydramine)</li> <li>Claritin, Alavert (loratadine)</li> <li>Clarinx (desloratadine)</li> <li>Xyzal (levocetirizine)</li> <li>Zyrtec (cetirizine)</li> <li>Cyprohepatadine</li> </ul>	<ul style="list-style-type: none"> <li>Acrivastine (ex. Semprex)</li> <li>Azatadine (ex. Optimine, Trinalin)</li> <li>Brompheniramine (ex. Dimetapp)</li> <li>Carbinoxamine (ex. Actifed, Aller-chlor, Chlor-Trimeton, Tylenol Allergy)</li> <li>Dimenhydrinate (ex. Dramamine)</li> <li>Diphenhydramine (ex. Unisom, Sominex, Triaminic, many with "PM" in the title)</li> <li>Doxylamine (ex. Nyquil, Unisom)</li> <li>Hydroxyzine (ex. Atarax, Vistaril)</li> <li>Meclizine (ex. Antivert)</li> <li>Pheniramine</li> <li>Promethazine (ex. Phenergan)</li> <li>Tripolidine (ex. Actifed)</li> </ul>
<b>HEARTBURN MEDICATIONS (H2 BLOCKERS):</b>	
<ul style="list-style-type: none"> <li>Axid (Nizatidine)</li> <li>Pepcid, Tums Dual Action (Famotidine)</li> <li>Tagament (Cimetidine)</li> <li>Zantac (Ranitidine)</li> </ul>	
<b>ANTI-HISTAMINE NOSE SPRAYS:</b>	
<ul style="list-style-type: none"> <li>Astelin, Astepro, Dymista (Azelastine)</li> <li>Patanase (Olopatadine)</li> </ul>	
<b>ALL HERBAL SUPPLEMENTS:</b>	
Including Astragalus, Feverfew, Green Tea, Licorice, Milk Thistle, Saw Palmetto, St. John's Wort	

- Discuss alternative management for your symptoms with your Allergist.
- Do **NOT** stop the following: **asthma medications** (including inhaled corticosteroids, short or long-acting beta agonists, and Sinulair), **antibiotics**, **oral steroids** (including prednisone), **certain heartburn medications** (Prilosec, Nexium, Prevacid, Zegerid, Aciphex, Dexilant, and Protonix), and **certain nasal sprays** (Atrovert, Flonase, Nasacort, NasalCrom, Nasonex, Rhinocort, Omnaris, Qnasl, Veramyst, and Zetonna).

Some antidepressants/sedatives **MAY** interfere with skin testing and should be brought to the attention of your Allergist.

DO NOT STOP THESE MEDICATIONS PRIOR TO DISCUSSION WITH YOUR ALLERGIST AND THE PRESCRIBING PHYSICIAN.		
TRICYCLIC ANTIDEPRESSANTS (TCAs)	BENZODIAZEPINES	ATYPICAL ANTIDEPRESSANTS/SEDATIVES
Elavil, Limbirol (Amitriptyline), Doxepin, Tofranil (Imipramine), Vivactil (Protriptyline), Surmontil (Trimipramine), Norpramine (Desipramine), Aventyl, Pamelor (Nortriptyline)	Klonopin (Clonazepam), Valium (Diazepam), Ativan (Lorazepam), Versed (Midazolam), Restoril (Temazepam), Estazolam, Xanax (Alprazolam), Ativan (Lorazepam).	Remeron (Mirtazapine), Questiapine, Wellbutrin (Bupropion), Eszopiclone, Oleptro (Trazaodone), Ambien (Zolpidem)

Certain antidepressant medication do **NOT** interfere with allergy testing: **SSRIs** (Celexa (Citalopram), Lexapro (Escitalopram), Prozac, Sarafem (Fluoxetine), Paxil, Pexeva (Paroxetine), Zoloft (Sertaline)) and **SNRIs** (Effexor (Venlafaxine), Pristiq (Desvenlafaxine), Cymbalta (Duloxetine)).

**IF YOU ARE NOT SURE ABOUT A MEDICATION, PLEASE CALL BEFORE YOU TAKE IT.**